



Good Samaritan

HEALTH & WELLNESS CENTER

Restoring Health. Saving Lives.

Volume 11, Issue 3

Fall 2012

Hands and Hearts



A newsletter for our volunteers

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Hoedown Goal to Raise \$50K

A hoedown and barbecue with music by **Banks and Shane**, live auctions and a roast pig with all the trimmings will be an event worth attending from 6-10pm Oct. 20th in Jasper.

With a goal to raise \$50,000, this will be the biggest fundraising event of the year for Good Samaritan Health and Wellness Center.

“This is the first Good Samaritan hoedown fundraiser since 2009 and comes at a time of need in the community”, said Jeff Downing, Good Samaritan board member and committee chair for the event.

“The hoedown provides Good Samaritan with the resources to provide our patients with high-quality healthcare that literally saves lives and restores health, healthcare they cannot access without a clinic like Good Samaritan”, said Carole Maddux, Executive Director.

Bus services from the First Baptist Church of Jasper to the Larson’s place, Sundowners Hideaway, near Refuge Road will be provided. Tickets for the hoedown are \$100. This event has always sold out in the past. Sponsorships are available by contacting Jeff Downing or Ed Delaney.

In addition to the food, there will be wine and beer available and more than 100 items for silent auction bidding. Western wear is encourage but not required.

Tickets can be purchase at the Good Samaritan front office, the Foothills IGA or from Good Samaritan board members. A list of board members is available at www.goodsamhwc.org.

Good Sam will be closed
November 22 & 23
 Thanksgiving Holiday
December 24 & 25
 Christmas Holiday
December 31 & January 1
 New Year’s Holiday

Restoring Health, Saving Lives

Thank God for this place.

Everyone is very sweet and helpful.

Everyone's time is so greatly appreciated; wanted you to know. Thank you sincerely!

You do a wonderful job J

You guys rock!!

2012 Fourth Quarter Calendar

October 2012

Tuesday, October 16th

CTL Meeting - 1:30 pm

November 2012

Tuesday, November 20th

CTL Meeting - 1:30 pm

Thursday, November 15

Board of Directors Meeting - 6:00pm

Thursday & Friday, November 22 & 23rd

Thanksgiving Holiday - Good Samaritan Closed

December 2012

Thursday, December 6th

Deadline for *Hands and Hearts* Newsletter

Tuesday, December 18th

CTL Meeting - 1:30 pm

Monday & Tuesday, December 24 & 25th

Christmas Holiday - Good Samaritan Closed

Monday & Tuesday, December 31 & Jan. 1

New Year's Holiday - Good Samaritan Closed

A Message from Carole Maddux

The other day I had to send someone our mission statement and our vision statement for a grant application. The mission statement I already had as an electronic document but no one had ever asked for the vision statement before. So, I saved the document as a new one that would incorporate both statements and typed in our vision statement (from memory I might add!).

Now our vision statement is a little quirky. Most organizations have a vision statement that is the really big picture of their mission. For example, the Alzheimer's Association's mission statement is:

To eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

Their vision statement, however, is:

A world without Alzheimer's.

Just as a reminder, our mission statement is:

The mission of this not-for-profit health and wellness center is to provide the medically underserved in our community with compassionate and individualized health care and related services in an atmosphere of respect and dignity.

And our vision statement is:

**May we have the eyes to see those who are rendered invisible and excluded, open arms to reach out and include them,
Healing hands to touch their lives with love,
And, as we do these things, may we ourselves be renewed.**

Our mission is all about what we do. Our vision is all about us.

When others ask for our vision statement, they aren't usually expecting that. But it is a part of who we are at Good Samaritan. To be a people that is attentive to the needs of others, open and inclusive, healing and loving. People who practice that with our patients and with each other.

And why is that so important that it makes our vision statement?

Because we know that it is the best way, perhaps the only way, to truly accomplish our mission. We know that it enhances our teamwork, requires us to respect everyone, and be compassionate. And, certainly not least of all, it heals **us**, too.

Thank you for being who you are and for caring for our patients and your fellow volunteers.

Carole

Mark 9:35



Send a Card to Drs. Spitznagel

I know some of you would like to send a card or a letter to Drs. John and Ann Spitznagel so here is their new address:

John and Ann Spitznagel
413 Cedar Club Circle
Chapel Hill, NC 27517

Volunteer Christmas Party!

Please plan on attending the Volunteer Christmas Party in December. The date and place are still to be determined but you will get a notice in plenty of time. There will be wonderful food, as always, and a good chance to meet other volunteers you don't normally get a chance to see.



New Volunteers!

David Symolon - IT

Flu Shot Available Here for Volunteers Starting Sept. 28

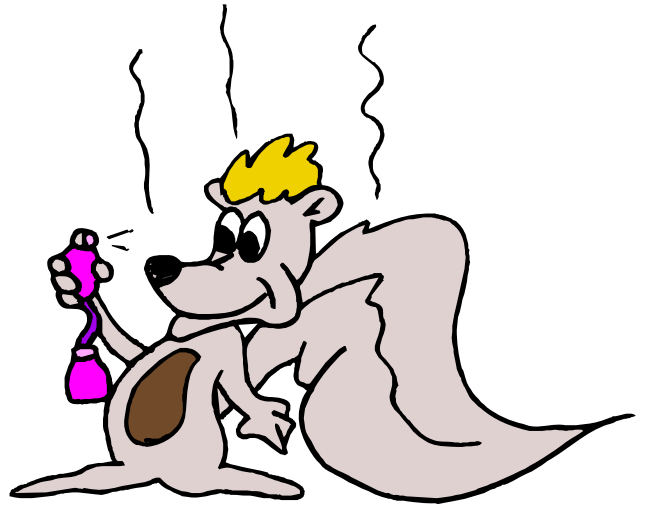


You must fill out a form in Administration to receive your shot. Donation of \$12.50 to cover clinic's cost will be gratefully received.

CDC says that vaccination is especially important for health care workers, and other people who live with or care for high risk people to keep from spreading flu to other high risk people. So it is not only important to get the vaccine for yourself but also for the patients with whom you may come in contact.

Use of Perfume

The use of perfume or cologne is not allowed at Good Samaritan. Remember, many people are allergic. If you need another copy of our policy manual, they are available at the Volunteer Office. Many thanks for adhering to our policy.



Take Everyday Actions to Stop the Spread of Flu and Other Germs

- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.
- Avoid touching your eyes, nose and mouth. Germs spread this way.
- Try to avoid close contact with sick people.
- If you are sick with flu-like illness, CDC recommends that you stay home for at least 24 hours after your fever is gone except to get medical care or for other necessities. (Your fever should be gone without the use of a fever-reducing medicine.)
- While sick, limit contact with others as much as possible to keep from infecting them.

Good Samaritan Approved Work Shirts

Good Samaritan approved work shirts are available from Everything Embroidery, which is owned by Good Samaritan volunteers Mike and Charlene Ehrlich. It is time to order cold weather shirts with the new logo! If you choose to have your name embroidered on the shirt, it will replace the Good Samaritan name tag.

Look cool and impress all your fellow volunteers with a new logo!

Plan Ahead for the Angel Campaign

Plan ahead to honor your favorite volunteer with an angel on the Good Samaritan tree in the Pickens County Library. After the tree is taken down, your volunteer will be able to take their angel home with them. It is a lovely Christmas present for a special volunteer!





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